



Mount Greylock Regional High School

Athletic Department
1781 Cold Spring Road
Williamstown, MA 01267

Lindsey von Holtz
Athletic Director

Phone: 413.458.9582
Email: lvonholtz@mgrhs.org

RETURN TO ATHLETIC PARTICIPATION

STUDENT'S NAME		SCHOOL Mount Greylock Regional High School	
HOME ADDRESS		TEL	
GRADE		AGE	
Injury (illness) information			
Time and date of injury		Contest or practice	
Type of injury	Sport		Position played
Coach			Tel

TO BE COMPLETED BY PHYSICIAN

1. Description of injury _____

2. Referred _____
Recommendations/restrictions _____
 - a. No restrictions (discharged) as of _____
DATE
 - I have examined _____ and certify that he/she is
STUDENT
recovered from _____
incurred on _____
DATE
 - b. No practice or competition until _____
DATE
 - c. Expected return to activity (after further evaluation) _____
DATE
 - d. Please state restrictions which you require (e.g. no contact, light practice only, etc.) _____
 - e. Other _____

PHYSICIAN'S SIGNATURE DATE

PARENT'S SIGNATURE DATE

COACH'S SIGNATURE DATE

STUDENT'S SIGNATURE DATE